Positive Behavior

Incentive Matrix: "What do we want the participant to learn from this?"

Step 1. Identify the *Behavior*

Proximal (Expect Sooner)	Moderate	Distal (Expect Later)
• Attendance at treatment • Attendance at other appointments • Home for home visits • Report to UA • Timeliness • Payment	• Honesty • Testing Negative • Participating in Prosocial Activities • Employment • Progress toward Tx Goals • Progress in Tx	• Complete Tx LOC • Extended Abstinence/Neg. Tests • Treatment Goals Completed • Phase Goals Completed • Program Goals Completed

Step 2. Determine the *Response Level*

		Easier/Proximal	Moderate	Difficult/Distal
Distal	**Phase 1**	Small	Medium	Large
↓	**Phase 2**	Small	Medium	Large
	Phase 3		Small	Large
↓	**Phase 4**		Small	Large
Prox	**Phase 5**		Small	Medium

Step 3. Choose the *Responses* (Paired with *Judicial Approval/Verbal Praise*)

3a. Therapeutic Response

	Phase 1	Phase 2	Phase 3	Phases 4 and 5
Single Event	• Behavior Chain • Cost/Benefit Analysis	• Behavior Chain • Cost/Benefit Analysis	• Behavior Chain	• Behavior Chain
Continued Progress		• Change in LOC	• Aftercare Fqcy • Re-evaluate Pharmacological Interventions	• Aftercare Fqcy • Re-evaluate Pharmacological Interventions

3b. Supervision Responses

Phase 1	Phase 2	Phase 3	Phases 4 and 5
• Change in Curfew Status	• Reduced Contacts • Reduction in Home Visits	• Reduced Contacts • Reduce Home Visits • Reduce in External Monitoring Devices	• Reduced Contacts • Decreased Drug Testing

3c. Incentive Response

Small	Medium	Large
• Judicial approval (always) • Fish Bowl • Decision Dollars • Example for other participants in court • Handshake • Candy • ≤ 1 day reduction of curfew • On the A Team	*Any small* and/or: • ≤ 3 day reduction of curfew • Choice of Gift Certificate • Supervisor Praise • Written Praise • Positive Peer Board • Certificate • Reduction in CS hours • Reduction in program fees	*Any small, medium or*: • Framed Certificate • Travel Pass • Larger Gift Certificate • Position as Mentor to New Participants

Inappropriate Behavior

Sanction Matrix: "What do we want the participant to learn from this?"

*Step 1. Identify the **Behavior***

Low (Less Immediate)	Moderate	High (More Immediate)	Very High
• Late for Scheduled Event • Missed payment	• Missed UA • Failure to Complete Assignments	• Unexcused Absence tx • Alcohol Use • Drug Use • Tamper with UA or device/dilute • Dishonesty	• Criminal behavior (new crimes, drinking and driving) • Arrest

*Step 2. Determine the **Response Level***

		Low	Moderate	High	Very High
Distal ⬇ **Prox**	Phase 1	Level 1	Level 2	Level 2	Level 4
	Phase 2	Level 1	Level 2	Level 3	Level 4
	Phase 3	Level 2	Level 3	Level 4	Level 5
	Phase 4	Level 3	Level 4	Level 5	Level 5
	Phase 5	Level 3	Level 4	Level 5	Level 5

*Step 3. Choose the **Responses** (__paired with Judicial Verbal Disapproval and Explanation__)*

3a. Therapeutic Responses

Level 1	Level 2	Level 3	Level 4	Level 5
• Behavior Chain • Cost/Benefit Analysis • Skill Development • Thought Restructuring • Homework/Practice • Thinking Report	*Level 1 plus:* • LOC Review	*Level 1, 2, plus:* • Referral Medication Eval • Treatment Team Review/Round Table	*Level 1, 2, 3, plus:* • Re-Assessment	

3b. Supervision Responses

Level 1	Level 2	Level 3	Level 4	Level 5
• ≤ 1 additional report days/week	• ≤ 2 additional report days/week • Home Visit • Curfew	• ≤ 3 additional report days/week • Continuous Testing • GPS/Electronic Monitoring • Home Visit • Increase frequency UA Test • Additional Court Report • Case Conference	• ≤ 4 additional report days/week • Electronic Monitor Device • Case Conference • Curfew	

3c. Sanction/Punishment Responses (Judicial Disapproval)

	Level 1	Level 2	Level 3	Level 4	Level 5
Community Service	≤ 4 hrs	≤ 8 hrs	≤ 16 hrs	≤ 24 hrs	≤ 32 hrs
Curfew	≤ 3 days	≤ 5 days	≤ 7 days	≤ 10 days	≤ 15 days
House Arrest	≤ 24 hrs	≤ 72 hrs	≤ 5 days	≤ 7 days	≤ 15 days
Jail			≤ 24 hours	≤ 3 days	≤ 7 days
Other				Review Placement	Termination